

One-to-One Development Programme

- Based on foundational academic research and experience
- Pre-alignment meetings held with leaders from the organisation
- Six one-to-one sessions with an expert coach
- Developmental pre-work to support each coaching session
- Midpoint re-alignment meeting held with leaders from the organisation
- Completion review and follow-up strategy meeting held with leaders from the organisation

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I found this programme to be of great interest to me! It benefited me immensely within my role. The subjects covered each week were of great value. The course allowed me to review my own work load and what I could improve or change as a manager. For each session we had to prepare and complete pre-work which we discussed within the coaching session. I would highly recommend this coaching programme to any manager or leader!

Gayle, Registered Manager,
Edenmore Nursing Home

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I found working with the Indago team a positive experience.

The sessions were well-structured and it felt natural talking to my coach as he managed to put me at ease with his calm manner. Each session followed on from the previous seamlessly.

At each stage it was beneficial to reflect on how much we had covered, and was good to have some new coping strategies in place.

Elizabeth, Registered Manager,
Sundial Care Home

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